

# GROWING UP

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## Week 3: Living the Life



Peer pressure is a nasty thing. It is just what it sounds like: pressure that's put on you by people around you. You may think that you aren't affected too much by peer pressure, but it is lurking behind every new opportunity and can often cause you to stumble in your spiritual walk. This week we'll look into this problem in more detail.

### DAY 1

### IN HIS IMAGE

(Date)

When God created you, He created you to be like Him. You were made in His image.

### Check out Genesis 1:26-2:4

Do you realize that God designed you carefully to be just like you are?

### Read Psalm 139:14

He even knows how many hairs are on you head. (See also **Matthew 10:30**). God *really* cares for you!

Does knowing that God carefully created you affect how you see yourself? How? \_\_\_\_\_

Does knowing how much God cares for you and the little details in your life affect how you see yourself? How?

DAY 2	YOUR POSITION IN CHRIST	
(Date)	You are of great worth because God made you!	
	Check out Hebrews 2:5-10	
	What does God say your position is?	
	What about in Romans 8:14-17? We are	
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DAY 3	CHOICES	
(Date)	Life is a series of choices, not chances, and every choice you make builds on the other. All of your choices are important and have an effect on your life.	
	Read 1 Samuel 20:24-42 What choice did Jonathan make about David?	
	What was the outcome?	
	What could have happened if Jonathan had made a different decision?	
	David went on to be a great king. If Jonathan had made the wrong choice, David might have never lived to be king! Choices are so important!	
	Read Exodus 2:1-10	

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What choice did Miriam, Moses' older sister, make about Moses? \_\_\_\_\_

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How did this affect Moses? \_\_\_\_\_

### CONSEQUENCES

(Date)

DAY 4

Not only are all of your decisions important but they all have consequences, sometimes really big ones!

### Read Genesis 3:1-24

Name some of the consequences that came from that wrong decision: \_\_\_\_\_

\_\_\_\_\_

### Read Galatians 6:7

What do you think that means? \_\_\_\_\_

### CONFORMITY

(Date)

DAY 5

What is conformity? It is fitting into a mold and becoming someone who others want us to become. If this means becoming more like the world, it is not a good thing. God has a mold He wants you to fit into, too; it is to live a life that is pleasing to Him!

What does Romans 12:2 say about conformity? \_\_\_\_\_

How can you tell if you're doing wrong by going along with a group?

Read Galatians 5:16-26 What does it mean to "live by the Spirit" (v. 16)? \_\_\_\_\_

What does it mean to "not gratify the desires of the sinful nature"?

What are some results of our acting in our own sinful nature? (Gal. 5:18-21) List them below (there are 17). Look up any you do not understand in the dictionary:

What should we be like when we are walking in the Spirit? God tells us in verses 22-23 (**Gal. 5**). List the characteristics below (there are 9):

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5. \_\_\_\_\_

### WHO DO YOU BELONG TO?

DAY 6

Who owns you? No one, you think?

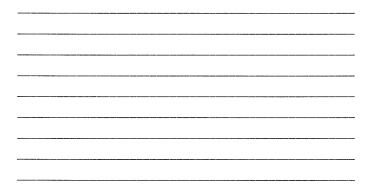
### Read 1 Corinthians 6:19-20

God owns you—*all* of you! If God owns you, why do you let others control you? God is a jealous God and He doesn't like others messing with His property (**Exodus 20:5**).

How should we act according to 1 Corinthians 6:20?

Read some suggestions to help guide us in Romans 12:9-21.

What are some ways that we can act rightly?



The bottom line is that God wants you to act like Jesus would. When you are trying to make a decision about something, ask yourself what would Jesus do? What would Jesus say? Where would Jesus go? Do the things that answer those questions. After all, the term "Christian" means "Christ-like".

### Read Romans 8:28-29

What does verse 29 tell you that God wants to do in your life?

### DAY 7

### UNDERSTANDING

(Date)

The problem with all this is often that it's *fun* to do wrong things.

### Read Proverbs 1:10-19

What does God say that sinners do in verse 10? \_\_\_\_\_

What advice does God give you in verse 15?

We must understand that the world is full of misguided people who will lead us the wrong way if we're willing to follow. Most of them don't mean to, they're just going the wrong way themselves and can't see it; they're unknowingly guided by Satan who is after us all. The only way we can make it in this world is to focus our eyes on God through reading His Word and prayer and to make careful decisions about everything we do.

### OBSERVATIONS ABOUT THIS WEEK'S STUDY:

