

THE CHANGE OF LIFE

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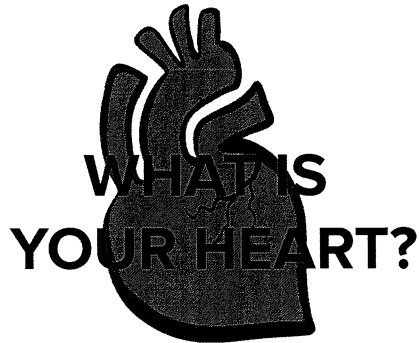


Week 3: The Change of Heart

Sanctification

DAY 1

(Date)



When we say God changes your heart, what do we mean? What does the heart symbolize?

Read Romans 10:9-11. How have you seen God change a heart?

What are some ways you have seen God change *your* heart?

When Jesus was asked what the greatest commandment of all was, He quoted Deuteronomy 6:5-6. What did Jesus mean in this passage? What is a change of heart like?

Some Heart Change Principles...

1. When my heart truly changes, my love changes, too.

DAY 2

(Date)

Read 1 John 2:15-17 and answer the following questions:

What are we told *not* to love

How does John describe what is “*in* the world”

Why is the love of the world so unreliable

What is the profit in doing the will of the Lord?

THE LOVE TEST

Want to know what you really love and not just what you say you love? Some simple questions will reveal your true loves:

- What do you spend most of your time thinking about?
- What do you spend most of your free time doing?
- What would you fight for? Give up sleep for? Pay out money for?
- What do you talk most to your friends about?
- If I were to ask anyone who knows you what is important to you, what would they tell me?

Is your true love God?

I *do* the things that I *love*.

2. When my heart truly changes, joy comes.

DAY 3

(Date)

What is joy? Is it the same as happiness ?

Here's a HARD question: do you have joy? _____

Why or Why not?

If not, maybe you haven't allowed God to truly change your heart.

Read Psalm 4:7-8 and answer the following questions...

Who gives gladness to your heart?

How does it compare to traditional happiness?

How does it effect your peace?

How does it effect your sleep?

Do you know anyone who has trouble sleeping?

3. When my heart truly changes, it becomes pure.

DAY 4 What does a pure heart look like?

(Date)

In what ways is your heart pure?

In what ways is it impure?

Read 2 Timothy 2:22

How does this verse describe a pure heart?

Read 1 Timothy 1:5

What is the goal?

Read Psalm 24:4

In what ways do you think that clean hands correlate with a pure heart?

Read about Paul's struggle with a pure heart in Romans 7 and record your observations:

4. When my heart truly changes, I want to serve God.

DAY 5 Read Joshua 22:5 and answer the following questions...

(Date)

How does my heart affect my desire to serve God?

What does it mean to serve Him with all of my heart?

Now read Ephesians 6:5-6 and answer the following questions...

Where does pure service come from?

How does your heart affect you doing God's will?

Do you have a desire to serve God?

What are you going to do about it?

Be careful, your heart can...

Become Hard

DAY 6

(Date)

Read Exodus 7:13. What does a hard heart look like?

Ever had one? _____

**“If you live in a graveyard too long,
you stop crying when someone dies.”**

Source unknown

Be Deceived

Read James 1:26. How can you deceive your own heart?

Ever done that? _____

Harbor Evil

Read James 3:14 and 1 Corinthians 14:25. What does harboring evil in your heart look like ?

Ever done that? _____

DAY 7

(Date)

Asking the hard questions...

Reflect on this week and answer the following questions:

How have your loves changed since Christ has come into your life?

Do you have joy in all circumstances?

Reflect on your heart. In what ways is your heart pure? Impure?

Do you love to serve or do you just do it out of obligation?

Do you think you show signs of hardness? Being deceived? Harboring evil?

Do you have secrets that you think God doesn't know about?
